



Clinical factsheet

CF-03

EcoVag® Pilot Study, investigating the effect of lactobacilli as treatment for Bacterial Vaginosis (BV) symptoms.

— Dr.med. Babill Stray-Pedersen, Kvinneklinikken, Rikshospitalet, 0027 Oslo, feb. 11th..2003.

CONCLUSION

A majority of participants in this study, 19 out of 21 or (90%) reported that the Bacterial Vaginosis symptoms disappeared during the treatment with lactobacilli /EcoVag® suppositories. The Improvements were in most cases obtained within a few days. 20 out of 21 patients found the suppositories very user friendly and were very pleased. 1 participant found them hard to apply.

FACTS

Study design:

The clinical effect of using lactobacilli (EcoVag®) as treatment for BV symptoms was investigated. After having been diagnosed with BV, the women were treated one week with EcoVag® suppositories. 2-3 weeks after the treatment, the women were clinical examined and asked to fill out a patient questionnaire.

Subjects:

21 women diagnosed by the following criteria: 1) plenty grey-and whitish discharge, 2) PH > 4,5, 3) Positive odour test.

Dosage:

1 EcoVag® OTC capsule per day containing minimum 10e8 CFU L. gasseri (Lba EB01-DSM 14869) and minimum 10e8 CFU L. rhamnosus (Lbp PB01-DSM 14870).

Duration:

8 days.

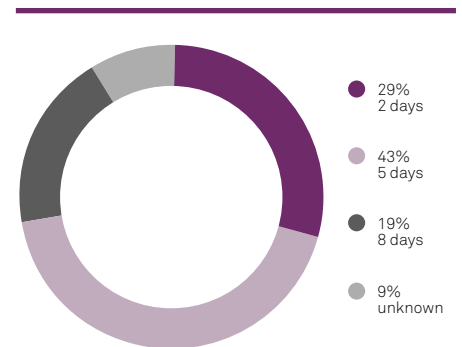


Figure 1:
Number of patients who found that BV symptoms disappeared within: 2, 5, or 8 days